



Healthcare Buddies Checklist

- Your primary role is to listen. Don't interrupt, dominate the visit, or ask many of your own questions.
- Help the patient remember issues or questions you previously discussed.
- Be empathetic. Try to understand how the patient perceives what is going on and react accordingly.
- Respect the patient's dignity, judgment, privacy, and independence.
- Act to mobilize all caregivers—professionals, friends, and family—as a team that focuses on the patient's healing and comfort.
- Continually guard the patient's interests, expectations, preferences, and needs—and make sure that all caregivers are focused on the same goals.