Write an Ethical Will

An “ethical will” is a document that tells your loved one(s) what you want them to know or be. It gives you a chance to give blessings to your loved ones and leave them with your life lessons. It can be anything from a letter, a memoir, artwork, or even a video that lets you express what you see your authentic legacy to be. It can provide a personal history and messages to loved ones about the values we hope they will carry on.

**Write your ethical will.** What values and ideas do you want to pass on to your loved ones? What life lessons have you learned that you would like to share?

_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

For more information on Ethical Wills and to view examples, visit Rachel Freed’s *Life Legacies* website at http://www.life-legacies.com/