



## Create a Master Dream List

Our dreams provide insights into our personal needs and desires, which can point the way to an underlying purpose. Take the time to write down all the things you'd like to do before you die—both the practical and the crazy. Don't limit yourself or concentrate exclusively on today's needs. Think big-picture: what have you always wanted to accomplish? List as many things as you can think of. You can get ideas from the sample dream list below, but this is your list—feel free to add anything that is significant to you.

### Sample Dream List

Go to Norway

Build a deck on the house

Learn to scuba dive

Teach a college course

Take tap dance lessons

Own a horse

Learn to speak Chinese

Get my doctorate

Stand on the shore of every ocean

Do missionary work in Morocco

My dream list includes... \_\_\_\_\_

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