

Choosing a Healthcare Provider

What are my options?

To find out what clinics and providers are approved by your insurance company, you can call Member Services, or look it up on your insurance website.

Where can I find more information about each option?

List websites and places to call.

Factors to Consider When Choosing a Healthcare Provider

The Healthcare Provider The Clinic 1. What is the expertise of the clinic staff? 1. What is the provider's: Certification:_____ Experience: 2. What other healthcare providers are employed by the clinic? 2. Am I comfortable talking to this provider? 3. Does the provider listen to me and respect my decisions? 3. If my primary care doctor is not available, who would I see? 4. Are my questions answered well? 4. How long does it take to get an appointment for urgent care and for a physical? 5. How are treatment decisions made? 6. Do I feel the provider is competent in performing 5. If I have questions and call the clinic, who procedures and recommending treatment? answers the questions? 6. What are the clinic hours? 7. What is the provider's knowledge and experience with complementary therapies?

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The Hospital
1. At what hospital(s) does this provider have privileges?
2. How does this hospital rate on the following criteria?
Patient satisfaction
Specialties
 Amount of experience with specific procedures (indicate which one)
Safety reports
Quality indicators
• Cost
Nurse-to-patient ratio
History of infection outbreak
 Integrative therapies offered
My provider choice is: