



Letter to Integrative Health Practitioner

Hello, I have recently received a Blood and Marrow Transplant (BMT) and have had intensive chemotherapy/radiation for the treatment of _____.

Because of this I have pancytopenia and have severely low platelets, low white blood cells, and low red blood cells. This makes it so I bleed easily and bruise extensively. I am also very at risk for infections, and can get very sick easily. Take these factors into consideration when providing me care and know that the lightest touch and the smallest sneeze can endanger my life.

If you do not have experience working with people who have gone through BMT and who have received extensive chemotherapy/radiation, please consult my medical team at The University of Minnesota Masonic Children's Hospital.

My primary doctor: _____.

Pediatric BMT Integrative Therapy department: _____.

Additional consideration that are specific to me include:
